



Table 1.

Classification	Description
I	/
II	
II a	/ /
II b	/ /
III	/ /

Level of Evidence	Description

1996 , [22].

9,2%

[22,23].

].

[24,25].

): ()

[26].

()

[24].

90%

60 / [27], [28].

4-6

[29]. , 5-15% [30,31].

[33,34].

40-60% , 40-80

() 25 .

[18,19].

(

) 14% 8%

" (drink)

(.2).

Table 2.

Region	Amount	Range
USA	12 g	9.3-13.2 g
Canada	13.6 g	13.6 g
UK	9.5 g	8-10 g
Europe	9.8 g	8.7-10.0 g
Australia and New Zealand	9.2 g	6.0-11.0 g
Japan	23.5 g	21.2-28.0 g

- Adapted from Turner.²⁶³ To standardize, many authorities recommend conversion to grams of alcohol consumed. To convert concentrations of alcohol, usually listed in volume percent (equivalent to the volume of solute/volume of solution × 100), the percentage of alcohol by volume (% vol/vol) is multiplied by the specific gravity of alcohol, 0.79 g/mL.²⁶⁴

3,81%
44%

1994 . ;
4,65%

7,4%
DSM-IV
/

2003

[20].